



Code of Ethics

I have a sincere commitment to provide the highest quality of care to those that seek my professional services. In order to maintain the integrity and competence of the Hypnotherapy profession, I agree to abide by the following code of professional ethics:

- The physical and mental welfare of the Client is my primary concern.
- I believe hypnotherapy can tap into the innate spiritual resources within each individual, and that the guidance of a higher power will prevail within the therapeutic relationship, synchronistically bringing those insights and experiences that lead to the client's highest good.
- As a transpersonal hypnotherapist, I will allow the Client to address within hypnotherapy any aspect of the relationship between the mind, body and spirit, and their effects on one another. This will be accomplished without a specific religious orientation, but instead provide an unfoldment that makes it possible for clients to explore their relationship to a universal creator and their own unique spiritual walk through human life.
- I will use my intuitive and spiritual gifts for the assistance of others.
- I will conduct sessions at all times in a professional manner within a professional setting. I will conduct my business and professional activities with honesty and integrity and respect the inherent worth of all persons.
- I will conduct myself in a manner that reflects positively upon the hypnotherapy profession and I will refrain from engaging in conduct or making statements that may negatively impact the public's understanding or acceptance of hypnotherapy.
- I will accurately inform clients of the scope and limitations of hypnosis. I will provide only those services which I am qualified to perform. I will refer a Client to another practitioner (regardless of discipline) who might be expected to offer other suitable treatment.
- I will ensure that wherever a client is seeking assistance for the relief of physical symptoms, unless having already done so, that the Client be advised to contact a medical provider. I will engage in hypnotic work with a Client regarding a significant medical or mental disease only on written referral from an



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appropriately licensed medical or mental health care professional.

- I will obey all federal, state and local laws and regulations concerning the practice of hypnotherapy.
- I will safeguard the confidentiality of all Client information, unless disclosure is required by law, court order, or is necessary for the protection of the public.
- I will not permit considerations of religion, nationality, gender, sexual orientation, marital status, age, disability, politics or social standing to adversely influence client treatment.
- I will refrain from exploiting the Client emotionally, sexually, financially or in any way whatsoever. I will set clear, appropriate, and culturally sensitive boundaries that govern any physical contact that I may have with Clients. I will refrain from touching the Client at any time.
- I will establish and maintain proper records necessary to a professional practice. I will ensure that client records be kept secure and confidential.
- I will only deal with clients under the age of 18 or with special needs, after obtaining informed consent of an appropriate adult (parent or legal guardian). All sessions should be conducted in the presence of an appropriate adult, unless informed consent is obtained from the appropriate adult to work on a 1:1 basis.
- I will keep up-to-date with theories, practices and innovation in the field of hypnosis.
- Prior to entering into any professional relationship, I will disclose to the Client the nature of the therapy, the purpose of the therapy, the anticipated length of therapy, and potential cost of the therapy. No service will be provided until an informed consent is secured from the client.
- If during the course of a session, information is disclosed that would suggest that a referral or consultation with other professionals would be appropriate, the session will be terminated and the referral or consultation will be made if requested by the Client.
- I will be truthful in any advertising and honestly portray my credentials. All advertising will be factually presented in a professional and ethical way consistent with accepted standards.

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- I will seek to avoid conflicts between my interests and the interests of my Clients.
- I will only barter for services, goods or other non-monetary remuneration when it will not impair the Hypnotherapy relationship.
- I will terminate my relationship with a Client when the Client can no longer benefit from continued service and will not provide service if I do not have a good faith belief that the Client will benefit from the services provided.
- I will withhold non-referred hypnotherapy services if a Client's behavior, appearance or statements would lead a reasonable person to believe that the client should be evaluated by a licensed health care professional. I will provide services to such clients only after evaluation and with the approval of the licensed health care professional.

January 1, 2009